



CONTACT

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PROFILE

Dynamic and imaginative dance professional with extensive expertise in the arts and cultural practices. Specialist in the Royal Academy of Dance (RAD) method, with over 15 years teaching dance to both children and adults. Dedicated to technical growth, coordination, and consistent practice as the foundation for successful learning and exceptional results. A passionate and resilient artist, committed to continuous improvement and holistic development of her students.

Daniela Eiko Aoki Thomaz

Pilates Instructor | Ballet & Movement Arts Educator

DANCE EDUCATION

- *Bachelor's and Teaching Degree in Dance – 1997*

UNICAMP – University of Campinas

Zeferino Vaz Campus

São Paulo, Brazil

PROFESSIONAL QUALIFICATIONS

Dance Qualifications

Royal Academy of Dance (RAD)

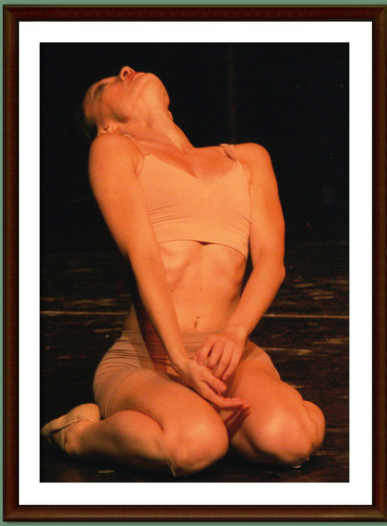
- CBTS – Certificate in Ballet Teaching Studies
- Professional Exam – Advanced 2
- Dance Education Syllabus – DES (Classical and Character)
- RAD Graded Exams (Royal Academy of Dance Grading System)
- Regional Course – Elementary Level

Progressing Ballet Technique – PBT

- Certified in PBT – 2018

Pilates Qualification

- **Stott Pilates
Institute Toronto,
Canada**
- **Pilates
Metacorpus São
Paulo, Brazil**
- **Pilates Suspensus
Voll São Paulo, Brazil**



PROFESSIONAL EXPERIENCE

Inês Amaral & Dani Eiko Dance Center: 2019–2026

- Designed and executed marketing plans and communication strategies to boost the school's visibility and reach
- Identified and managed relationships with new students to help expand enrollment
- Created choreographies and tailored lesson plans for a range of technical levels and individual needs
- Guided and prepared students for international exams and competitions, supporting high achievement and ongoing growth

Ballet Inês Amaral: 1998–2018

- Designed and rehearsed choreographies for shows and competitions, delivering high-level artistic and technical performances
- Prepared students for international Royal Academy of Dance (RAD) exams, ensuring outstanding performance and technique
- Guided and trained students for festivals and competitions, focusing on continuous improvement and strong performances

Theatro Municipal School of Ballet of São Paulo: 2013–2015

- Oversaw the training and development of municipal school students in Classical Ballet and Pointe Technique, supporting their artistic and technical growth
- Designed and directed choreography for semester-end shows, encouraging creative expression and fostering group unity

Workshop São Bernardo Department of Culture SBC: 2002-2022

- Oversaw lesson planning and organized community performances, highlighting students' progress and learning journey

Lucianne Murta Ballet: 2015-2019

- Prepared students for international Royal Academy of Dance (RAD) exams across multiple levels, ensuring technical and artistic excellence
- Created and directed choreography for annual performances and dance showcases, supporting creative expression and artistic growth among students





PROFESSIONAL EXPERIENCE IN CANADA

Newton Moraes Dance Theatre- Canada: 1999-2001

- Company dancer for several years, taking part in cultural events across Toronto, touring throughout Canada, and attending specialized workshops

Ballet Creole Company-Canada: 2002

- Guest dancer featured in various company projects and performances, sharing expert technique and artistic expression

FIDA-Canada: 2001

- Featured as an independent artist at the FIDA Dance Festival in Canada, recognized for outstanding performance and originality



REMOTE TEACHING

Bombay Ballet Company: 2021-2022, INDIA

- In charge of teaching ballet classes to children of various ages at Bombay Company, nurturing both technical and artistic growth from the earliest stages of dance.

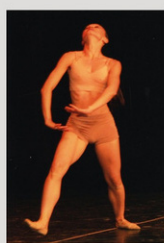
PILATES EXPERIENCE

Studio Integração Physical Therapy – São Paulo

- Led rehabilitation work, teaching both Mat and Equipment Pilates classes with a focus on student recovery and well-being
- Design and adjustment of Pilates classes to meet each student's unique needs, supporting rehabilitation and muscle strengthening

Pilates Workshop – São Bernardo Campo

- Organizing group and solo Pilates sessions— Equipment and Mat Pilates





Pratique Pilates - São Bernardo do Campo

- Leading Pilates classes, helping students build muscle strength and improve their flexibility
- In charge of Ballet Fit sessions, blending ballet techniques with fitness exercises to enhance posture and overall fitness
- Responsible for Suspended Pilates classes, using suspension methods to maximize strength and stretching routines
- Leading Pilates sessions for seniors, providing tailored exercises designed to boost mobility, balance, and quality of life

Núcleo de Dança Inês Amaral & Dani Eiko - SBC

- Lead instructor for studio Pilates classes, including Mat Pilates and sessions focused on muscle strengthening, enhancing balance, flexibility, and overall well-being.

Expertise

- Lesson Planning
- Arts Program Evaluation
- Class Preparation
- Varied Learning Styles
- Student Engagement
- Classical ballet training
- Group instruction
- Dance routine choreography
- Competition experience



Clippings

FORD
BEST DANCERS
THEATRE

...and will leave the work with a greater sense of purpose...
THEATRE
THEATRE

Fonte:
EYE Toronto News - Canada
"Xavante" 09/11/2000



The Ecstasy of Time
Fonte:
Flyer - Toronto
"Ecstasy of Time" - 10/10/2002

Fonte:
The Toronto Star- Canada
"Xavantes" - 14/10/2002

Wired dance trips on itself

Extra AV equipment cluttering irritable show

...using the hands in an...
Fonte:
The Toronto Star- Canada
"Xavantes" - 14/10/2002

Fonte:
The Toronto Star-Toronto- Canada
"Soulful Messiah" - 07/11/2002

Messiah with many moves

Dance

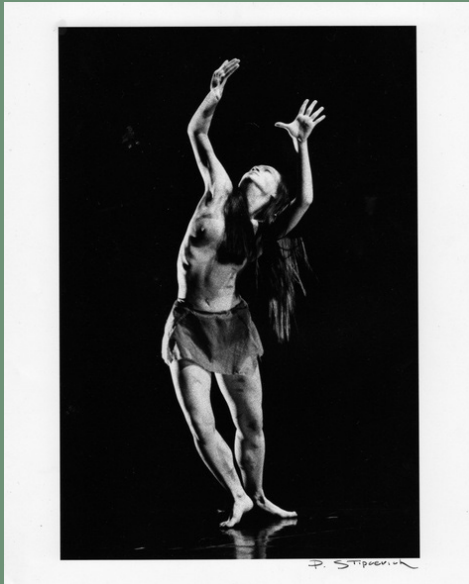
Ballet Creole launches second season tonight

...and traditional dance...
Fonte:
The Toronto Star-Toronto- Canada
"Soulful Messiah" - 07/11/2002

Fonte :
FIDA News-Toronto- Canada
"Nurses" - 21/10/2001

Nurses!

...and traditional dance...
Fonte :
FIDA News-Toronto- Canada
"Nurses" - 21/10/2001



75 ANOS DA ESCOLA DE DANÇA DE SÃO PAULO

ESCOLA MUNICIPAL DE MÚSICA DE SÃO PAULO

OPERA STUDIO

EMBARALHOS

NOVEMBRO

PROGRAMA DE DANÇA

NOVEMBRO

Fonte:
Guia da Cidade-SBC-Brasil
Página 28- Agosto-2013

Fonte:
Programa: EDASP
Escola de Dança de São Paulo- Teatro Municipal
11/2015

Fonte:
Programa: EDASP
Escola de Dança de São Paulo- Teatro Municipal
11/2015

Gallery



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